

Dancing For Joy

School for Liturgical Dance



Our Fall 2023 through Spring 2024 season consists of intense technical and spiritual training, conducted by teachers and staff who help student dancers to develop their potential and seek God's direction for their lives. Join us for another exhilarating season of dance and fun! At Dancing for Joy, we offer a safe and engaging space for your children to express themselves through the art of dance.

How to Register

Online Registration: Available now!

Face-to-Face Registration: Wednesday and Thursday, on September 20th and 21st.

Tuition Fees (Paid Monthly)

- 1 Student: \$50 (October to May)
- +\$25 for each additional student (October to May)

Class Details:

Every Tuesday, 4 PM to 7 PM, Starting October 10.

Sessions to be held at the Tabernacle of Zion Church, 602 South Hicks Street, Lawrenceville, Virginia 23868

[More Details Below](#)

Our Curriculum includes the following techniques:

Technique 1

Technique I is the basis of all fundamentals of dance genres from holding your body correctly while dancing, to executing skills properly. The basics of body alignment, for example, standing with their feet together, hands by their sides, and how they should be holding their bodies. The body needs to move as one unit, not in pieces.

Our focus is on ballet, jazz, hip hop, lyrical, African, modern, and other forms of dance to gospel and/or inspirational music. Students learn exercises from the various genres to strengthen the body.

Technique 2

The focus is on developing abilities to execute leaps, skips, turns, jumps, kicks, etc. properly as an individual dancer and jointly with a team of dancers.

Technique 3

The beginning of putting it all together. Dance is like building blocks, after one skill is mastered, students will be ready for the next. They will learn the art of interpreting music, the spoken word, and the word of GOD to dance moves and will be able to react to the voice of God through the spontaneous flow of the Holy Spirit. Students are making a mind, body, and soul connection as they are physically engaged as well as cognitively engaged.

Technique 4

Students learn to incorporate various tools such as banners, flags, streamers, billows, etc. Understanding other movement qualities such as percussive, sustained, pendular, collapse, suspend, vibratory, and silence.

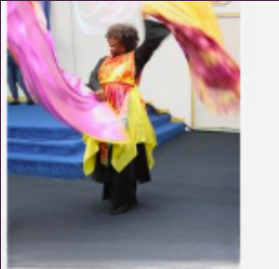
Choreography

PUTTING IT ALL TOGETHER: Dancers will embrace and learn Dancing for Joy's repertoire of dances for their recital!

[More Details Below.](#)



This season will be hosted by our Faithful Ministers
of Dance:



Minister Cynthia Chambers



Sylvia Jones



Lakeisha Smith



Nzingha Williams

*Cynthia
Chambers.*

Minister Cynthia Chambers
Founder — Dancing For Joy LLC

